

# **HEALTHSUN HEALTH PLANS**

## **2018 MEDICATION THERAPY MANAGEMENT (MTM) PROGRAM**

HealthSun Health Plans Medication Therapy Management (MTM) program was developed by a team of pharmacists and doctors to help eligible members gain an understanding of their medications and how to use them for optimal results. It can also help protect members from the possible risks of drug side effects and from potentially harmful drug combinations.

This program is not a plan benefit and is available at no additional cost to our members. You will be automatically enrolled in the Medication Therapy Management Program if you:

- take eight (8) or more Part D medications, and
- have three (3) or more long-term health conditions, and
- might spend more than \$3,967 a year on covered Part D medications

Below is a list of health conditions that may make you eligible for the Medication Therapy Management program. You need to have three or more of these conditions to qualify for this program.

- Diabetes
- Respiratory Disease-Chronic Obstructive Pulmonary Disease (COPD)
- Bone Disease-Arthritis-Osteoporosis
- Bone Disease-Arthritis-Osteoarthritis
- Bone Disease-Arthritis- Rheumatoid Arthritis
- Chronic Heart Failure (CHF)
- Dyslipidemia
- Hypertension (High Blood Pressure)
- Mental Health-Depression

You also qualify for our Medication Therapy Management Program if you've been identified with Opioid Overutilization without the need of meeting other requirements.

Within 60-days of becoming eligible for HealthSun Health Plans Medication Therapy Management program, members will receive an offer by mail to complete a Comprehensive Medication Review (CMR). Members may also receive this offer by phone.

Eligible members complete the Comprehensive Medication Review by phone with a qualified health care provider. This review takes approximately 30 minutes to complete. A pharmacist will review the member's medication history, including prescription and over-the-counter medications, identify any issues and

answer member questions or concerns. Within 14 days of the Comprehensive Medication Review, the member is mailed a Medication Action Plan that summarizes any clinical concerns identified and a Personal Medication List of their medication history. This information may also be provided to the member's prescriber.

Members will continue to receive reminders they are eligible to complete a Comprehensive Medication Review (CMR) by mail every quarter. Members may also be contacted by phone.

In addition, quarterly Targeted Medication Reviews are conducted systematically to identify any drug-drug interactions or other medication concerns. Those results may be mailed to the member's prescribing doctor for review.

Members may also receive helpful information in the mail. This can include additional information about their medications and suggestions from our pharmacists about how to use medications and benefits. This information can be helpful to the member when meeting with their doctor or pharmacist.

For members' convenience, a blank medication list may be printed by clicking the Personal Medication List link below the Additional Documents section of the Member's Prescription Drug page on our website. Please use the form to keep track of all your prescriptions and over-the-counter medications.

For more information on HealthSun Health Plans Medication Therapy Management program, please contact the Member Services department at (305) 234-9292 OR Toll Free (877) 207-4900, seven days a week from 8:00am to 8:00pm Eastern Standard Time. Member Services is available in English and other languages. TTY/TDD users should call (877) 206-0500 (for the hearing impaired).